

# GRAMIYAM SANGH

## ANNUAL REPORT

2022-2023



LAKSHMI NAYKKAN PATTI, UTHAMAPALAYAM,  
THENI DISTRICT.

## GRAMIYAM SANGH ANNUAL REPORT 2022-2023

### VARIOUS PROGRAMS OF GRAMIYAM SANGH

- ❖ OLD AGE HOME PROGRAM
- ❖ PREVENTIVE HEALTH CARE PROGRAM
- ❖ HIV AIDS AWARENESS PROGRAM

### MSJ & E-GOVT OF INDIA OLD AGE HOMES

Our aim is to serve elder needs in a holistic manner, enabling them to live active, dignified and healthier life.

GRAMIYAM SANGH focus on the needs of older person .We have established an old age home for elders at Lakshmi nayakkan pattti , near Thevaram of Theni district of Tamilnadu.



GRAMIYAM SANGH OLD AGE HOME FOR ELDERS

**ATTESTED**  
*[Signature]*  
**S. SHANMUGASUNDARAM, B.A., B.L. (INL)**  
**ADVOCATE & NOTARY**  
**LAW CHAMBER : 3, MADRAS HIGH COURT,**  
**MADURAI BENCH**  
**No: 36, CSI COTTAGE, A.M.C.ROAD,**  
**DINDIGUL - 1.**

*[Signature]*  
**DIRECTOR**  
**GRAMIYAM SANGH**  
**THENI DISTRICT.**

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Every day we provide special care to each and every elder in a holistic manner. We offer our service to the elders in all ways like food, shelter and health care every day.

With the support of Ministry of social justice and empowerment, Government of India, We are running the Old Age Home for 25 Elders. We run the home for both Male and Female Elders Who are above 61-Years.

### **FOOD**

Every day we give a hygiene food for three times and tea or coffee with biscuits with good taste. Kabasura Kudineer, NilaVembu kachayam and protective Health Drinks are provided with the advice of the Doctor.

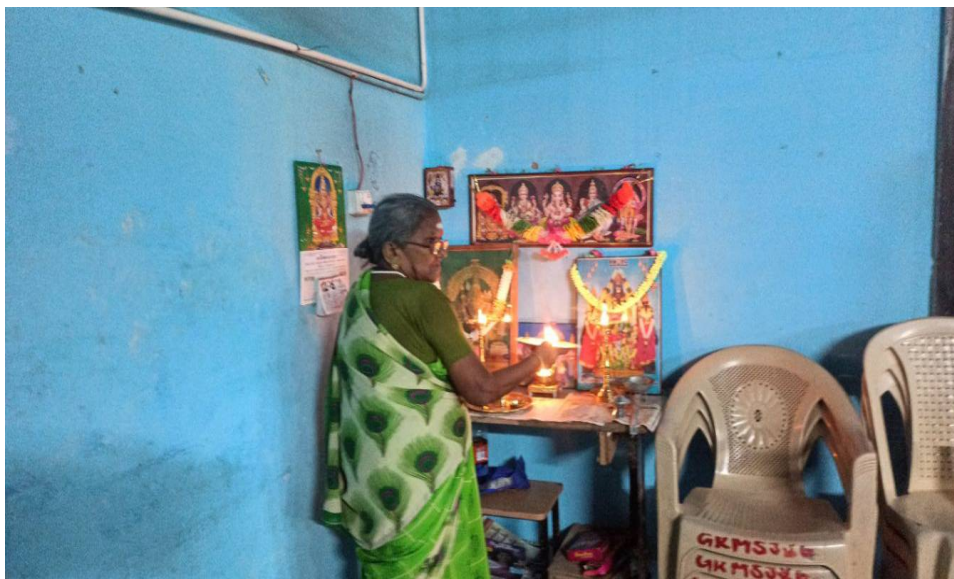
### **FOOD ITEMS**





Morning Tiffin like Idly, Pongal,Wheat Uppuma, Dosai,Egg,sambar,chutney provided. Refreshment for two times Coffee,Tea,Biscuit, Sweets, Mixture like South Indian Snacks during Morning and Evening is provided.

**PRAY FOR GOD**





Before food they pray the god







## MEDICAL CARE

In a month more than 8 times our health team visits this home and take care of everyone. With the guidelines of doctors we give a nutritious food to them according to their age and health condition. Emergency health Kit is also available at this home for elders.



## RECREATION

Recreation activities are conducted for the elders in this home, they can play indoor games like Adu puli attam, Thayam, Pallaankuli and so and so. Daily newspaper, magazines and television are given them to get the knowledge of daily events.







ELDERS READING NEWS PAPERS



ELDERS WATCHING TV

## YOGA EXERCISE

For elders easier and light exercises are trained. All elder are becoming healthier without medicine. The yoga therapy is



one of the good method to increase the immunity power to the elders.

Pranayama is the useful method for controlling corona.



## PLAYING GAMES







## CORONA CONTROL MEASURES:

Sanitizer is provided to the elders. Face masks are given to the elders. The total Home area is disinfected with chemical



and covid-19- precaution injection of covishield and co-vaxin in added to the elders by the Government Health Department.



### **PREVENTIVE HEALTH CARE PROGRAMME**

PREVENTION IS BETTER THAN CURE IS A FAMOUS PROVERB. According to the proverb we are providing awareness to the people on preventive diseases and medicines. We have generated awareness among the public of Theni area with street theater programs and dramas.

In the Tribal villages of kodaikanal area of Dindigul district, we have conducted many street theater programs and created awareness on spreading diseases like cholera, typhoid and malaria.

After our efforts the people of the tribal area are having the awareness of diseases like cholera, typhoid, and malaria. The modern day pro-linear industrialization and development has given to a situation where forests have become commercial and industrial raw material and land is viewed as a revenue generator. Nature evolves and sustains itself by a process. This is the fundamental of the ecological principle of nature. The natural cyclic process does not generate waste and accumulate waste, as what is waste become food for the other in the natural compound. In direct contract, the pro accumulates waste in each and every of the stages of its operation.

Rapid destruction of natural and human environment is the direct result of the above. This trend continues to become stronger with poor policies and centralized manage mention a vigorous attack on forests, water bodies, land, minerals and other natural resources for the purpose of economic growth.

The Consequence of this systematic erosion of forests and natural wealth has been enormous and the worst affected of this consequence are the tribal of our areas. The tribal's as natives has harmoniously fabricated relationship with the of forest, environment and nature. We trained the tribal people to live a healthier and hygienic life with nature.

GARAMIYAM SANGH through base line surveys, and interactive discussion could learn of the fact that the tribal communities are different from that of the other communities. While both the rural and the tribal communities .While both the rural and the tribal communities has to depend on the sustainable availability of the natural resources, the remarkable difference was in the fact that rural communities were to work with the environment and resources to benefit whereas the tribal's directly depends on whatever nature could offer to them. This perhaps remains the main reason for their intricate relationship with nature, of their native habitation, for their lack of skill sets other than those needed to bridge them in relation with nature. Onslaught on nature



and resources have put them against the wall with no alternatives to sustain their livelihoods and in a point of no return.

Our staff team has also distinctly identified the facts that the tribal communities lack in all capitals required for sustainable livelihood. Sustainable livelihood development of them calls for promotion of all capitals of social physical, natural.

Backing in awareness, knowledge, education and developmental activities, insecurity, low health status and under constant exploitation.

### STAFF TRAINING



Social changes are not perceived and processed chemical laboratories and by machineries and plants. It requires valiant efforts of the visionary and the conceives to sustain in an integral manner with the community requiring social changes and to plan and achieve the goal. When the communities are the actors and the staff working for the social directors any lapse on the part of the director neither will nor

yield good result from the actor. It is also true that despite the directors' zestful attempts, the action may fail to bring out his best sometimes. In both the case, it is expected of the director continuously look for processes to being the best out of the actor.

Similar is the circumstance and so are the situation of the staff in their responsibilities to bring our social changes among the tribal women, Consistent training to keep staff orientation on the goal and objective intact and to keep their spirits high their voluntary efforts become imperative.

GRAMIYAM SANGH arranged for a staff orientation and refresher training on the project aim and objective, project modules and monitoring and evaluation, data and reporting etc for the program.

### **HIV AIDS AWAERENESS PROGRAM**

As of 2021, AIDS has killed between 28.9 million and 41.5 million people worldwide, and an estimated 36.7 million people are living with HIV making it one of the most important global public health issues in recorded history. AIDS is a huge disease which is threatening the Mankind today. It reduces the man power and kills a huge amount of persons every year.


We gave awareness about HIV and AIDS. We have make the awareness about in which ways AIDS spreads, how to prevent from the disease, treatment for that disease, hoe to handle the persons with HIV, and what kind of care is needed them etc.

We are very thankful to everyone who supports us to achieve our goals.



## CONCLUSION

GRAMIYAM offers its greater regards and gratitude to CDW for making the programmer ability. GRAMIYAM also wishes to express its sincere thanks to staff and partnership organizations his women leaders from the tribal community without all of whom the achievements would not have been of this proportion. GRAMIYAM also wishes to concede by requesting CDW for continued assistance to complete the processing of comprehensive development of the tribal women.

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