



# GRAMIYAM SANGH

## ANNUAL REPORT 2023-2024

LAKSHMI NAYAKKAN PATTI, UTHAMAPALAYAM,  
THENI - DISTRICT.

*K. Sany's*  
DIRECTOR  
GRAMIYAM SANGH  
THENI DISTRICT.

ATTESTED  
*[Signature]*  
S. SHANMUGASUNDARAM, B.A., B.L. (M.L.)  
ADVOCATE & NOTARY  
LAW CHAMBER : 3, MADRAS HIGH COURT,  
MADRAS BENCH  
No. 36, CSICOTTAGE, A.M.C. ROAD,  
DINDIGUL - 1.

## MSJ & E-GOVT OF INDIA OLD AGE HOMES

Our aim is to serve elder needs in a holistic manner, enabling them to live active, dignified and healthier life. GRAMIYAM SANGH focus on the needs of older person . We have established a old age home for elders at Lakshmi nayakkan pattti , near Thevaram of Theni district of Tamilnadu.



### GRAMIYAM SANGH OLD AGE HOME FOR ELDERS

Every day we provide special care to each and every elder in a holistic manner. We offer our service to the elders in all ways like food, shelter, and health care every day.

With the support of Ministry of social justice and empowerment, Government of India, We are running the Old Age Home for 25 Elders. We run the home for both Male and Female Elders Who are above 61-Years.



## PMU VISIT

### FOOD

Every day we give a hygiene food for three times and tea or coffee with biscuits with good taste. Kabasura Kudineer, Nila Vembu kachayam and protective Health Drinks are provided with the advice of the Doctor.

### FOOD ITEMS:

Morning Tiffen like Idly, Pongal, Wheat, Uppuma, Dosai, Egg,sambar,chutney provide. Refreshment for the two times Coffee, Tea, Biscuit, Sweats, Mixture like South Indian Snakes during Morning and Evening is provided.





**TIFFIN**



**LUNCH**



**LUNCH TIME**

**VEGETABLES**

## **PARY FOR GOD**





## MEDICAL CARE

In a month more than 8 times our health team visits this home and take care of everyone. With the guidelines of doctors we give a nutritious food to them according to their age and health condition. Emergency health kit is also available at this home for elders.



## RECREATION

Recreation activities are conducted for the elders in this home, they can play indoor games like Adupuli attam, Thayam, Pallaankuli, and so and so. Daily newspaper, magazines, and television are given them to get the knowledge of daily events.



**CARROM BOARD**



**MUSICAL CHAIRS**



**THAYAM**



**READING NEWS PAPERS**



**ELDERS WATCHING TV**



## YOGA EXERCISE

For elders easier and light exercises are trained. All elder are becoming healthier with out medicine the yoga therapy is one of the good method to increase the immunity power to the elders.



## CONCLUSION

GRAMIYAM offers its greater regards and gratitude to CDW for making the programmer ability. GRAMIYAM also wishes to express its sincere thanks to staff and partnership organizations his women leaders from the tribal community without all of whom the achievements would not have been of this proportion. GRAMIYAM also wishes to concede by requesting CDW for continued assistance to complete the processing of comprehensive development of the tribal women.

  
**DIRECTOR**  
**GRAMIYAM SANGH**  
**TIRUNI DISTRICT.**

**ATTESTED**  
  
**S. SHANMUGASUNDARAM, B.A., B.L. (ML)**  
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